## **Characteristics of the Spiritual Path**: Chapter 3 questions

1- Is the starting point of the spiritual path love of God or fear of God? Please explain?
2- What is Divine Love?
3- "There is no fear in love; but perfect love casts out fear" (1 John 4:18)  Please mention the steps that can gradually move us from fear of God to perfect love?
4-What are the benefits of the fear of God?
5-Mention the three things that one of the Fathers said he fears the most?
6- <b>True or False:</b> The perfect love is for the great saints and not for beginners.  Please explain why?

7- The summary of the long spiritual syllabus is and
8- Mention 3 causes of fearlessness of God.
9-What are some of the practices that help us to acquire the fear of God?
10- What is the definition of self-coercion?
11- Give examples of how self-coercion can help us in attaining spiritual virtues and growth.
12- Is self-coercion a transitional or a permanent virtue and why?
13- How can the devil ridicule self-coercion?
14-What advise did Pope Shenouda give us to combat against bad thoughts and desires?  "The biggest was we fight in our spiritual life is the was against ourselves"
"The biggest war we fight in our spiritual life is the war against ourselves"